

# Please take note of the below information from the Oregon Health Authority

March came into Oregon like a lion with the Governor having declared an emergency in 10 counties due to winter weather. The value and need for personal preparedness at home, work, school and play was made apparent as several communities lost services and access to supplies. In addition, an Amtrak train was stranded outside of Oakridge overnight.

## **Key dates in History –**

- 3/12/1928 St. Francis Dam Failure Los Angeles County Ca; 461 dead [https://en.wikipedia.org/wiki/St.\\_Francis\\_Dam](https://en.wikipedia.org/wiki/St._Francis_Dam)
- 3/25/1993 Scotts Mills Earthquake 5.6 Magnitude
- 3/27/1964 Alaska Earthquake & Tsunami 9.4 Magnitude [https://en.wikipedia.org/wiki/1964\\_Alaska\\_earthquake](https://en.wikipedia.org/wiki/1964_Alaska_earthquake)

## **Earthquake Preparation**

- Anchor heavy furniture, appliances and bookshelves
- Move pictures, glass objects and mirrors away from beds
- Learn how and where to turn off water, gas and electricity
- Keep hard sled shoes and flashlights under each bed
- Learn how to protect you and your family from earthquake related health concerns including food and water safety, illness, injury, maintaining operation of medical devices during event and mental health

## **Earthquake Response**

- If indoors get under a sturdy table and protect your head and neck
- If outdoors find an open space away from buildings. Remain there until shakings tops. If in a vehicle, pull over
- If you smell gas leave your home or the area and notify the gas company or authorities. Only as a last resort should you attempt to shut off the gas
- ALL POWER LINES ARE LIVE & CHARGED until the power company tells you otherwise. NEVER assume downed lines are dead
- Expect aftershocks

## **Tsunami Response**

- When at the coast learn evacuation routes and safe zones. Once shaking has stopped move to higher ground
  - Oregon Tsunami Clearing house
    - <https://www.oregongeology.org/tsuclearinghouse/default.htm>
      - Information of Tsunami Evacuation routes, preparedness and resources
- Wait in safe place until all clear is given by emergency official

## **Continue to build your kit(s) – One piece at a time:**

- Canned fruit – 1 per person per day
- Special dietary need foods (enough for 3 – 14 days)

- Bath Tissue – 2 rolls per person
- Small tool kit – include pliers and crescent wrench to turn off utilities

**Prep your mind and skills - Preparedness activates**

- Conduct a fire drill
- Find out the emergency plan for child care, schools and assisted living (if applicable)
- Locate gas, water and electric service shut off valve and switches
- Review emergency plan with out of state contact

Consider having a 14 day kit at home and 3 day kits at work and in your car.